

# ASSISTED LIVING NURSE DELEGATION

**APRIL 16, 2026**  
**AURORA TRAINING CENTER**  
**11159 AURORA AVE., URBANDALE**

Sponsored by:  **HealthCARE**  
of Iowa Your Senior Living Partner

Ensure compliance and empower your team with the Assisted Living Nurse Delegation Training that meets Iowa Assisted Living Regulation 481-69.29(6). Required for all new delegating nurses hired after January 1, 2010, this course provides 6.75 hours of essential training on Iowa rules and regulations governing assisted living. Each program must have at least one delegating nurse complete the training, and if there are multiple delegating nurses, the trained nurse will be responsible for sharing their knowledge of the rules with the others.

This in-person training offers a focused, hands-on learning experience, equipping delegating nurses with the tools and understanding they need to lead confidently and meet state standards. Don't miss the opportunity to fulfill this regulatory requirement and elevate your team's capabilities. Register now and ensure your program is compliant and your staff is prepared for success!

- Review the Assisted Living current rules, trends and updates.
- Explore nurse delegation and medication management in the ALP.
- Develop and maintain compliant, individualized service plans by accurately translating evaluation findings into clearly defined services and updating plans in response to tenant condition changes, supporting consistent and person-centered care delivery.

## AGENDA

**April 16, 2026**

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<b>8:30 a.m. – 12:30 p.m.*</b>	<b>Assisted Living Administrative Rules, Trends and Updates (Catie Campbell, Department of Inspections, Appeals, and Licensing)</b> Knowing the regulations and understanding the monitoring process will assist in maintaining a focus on quality tenant services. A review of what to expect during this process and the documentation needed to be successful will be held.
<b>1 – 4:15 p.m. *</b>	<b>Nurse Delegation and its Use in Assisted Living (Amy Skelton, Healthcare of Iowa)</b> Nurse delegation and its use in assisted living based on the state rules and nursing scope of practice plays an integral role in ensuring staff are trained and competent in providing care and service. This session provides attendees with the knowledge to use nurse delegation effectively and appropriately to ensure tenant safety is maintained.
	<b>Medication Management (Amy Skelton, Healthcare of Iowa)</b> During this presentation, medication management will be discussed including educating attendees on possible high-risk medications that are common for older adults to be prescribed. This session will include an overview of possible adverse events that providers should be aware of and routinely monitoring with use of these medications.
	<b>Evaluations and Service Plans (Amy Skelton, Healthcare of Iowa)</b> Service plans are nearly always among the highest cited regulatory insufficiencies in assisted living. Ensuring that all necessary services are included in the service plan, that they are based on the completed evaluations, and updated as needed are crucial to ensuring staff provide individualized tenant care and services.

\*A 15-minute break will be scheduled during the morning and afternoon session.

## REGISTRATION INFORMATION

Individual LAI Member Rate \$139

Individual Prospective Member Rate \$239

### What's Included

Registration fees include digital handouts, light continental breakfast, lunch, refreshments, and CEU/attendance certificate.

## CANCELLATION/REFUND POLICY

The online registration deadline is April 14, 2026. No-shows will be billed. Substitutions welcome any time prior to the date of the live training. All cancellations and substitution requests must be sent to Dawn Balder (dbalder@LeadingAgeIowa.org). A full refund will be given to all cancellations received 10 or more business days prior to the live program. A \$30 administrative fee will be charged to all cancellations received six to nine business days prior to the live program. No refunds will be given to cancellations received five or fewer business days prior to the live program. Refunds will be calculated by the date received and the LeadingAge Iowa business days remaining prior to the program. LeadingAge Iowa reserves the right to cancel the program due to insufficient enrollment, in which case pre-registered participants will be notified and full refunds provided.

## CONTINUING EDUCATION INFORMATION

**Nursing Home Administrators** – This event is designed to provide 6.75 contact hours, aligning with the criteria set by the Iowa Board of Examiners for Nursing Home Administrators for participants who attend this event in its entirety. Please note that partial credit will not be granted; full attendance is required to receive contact hours or a certificate of attendance.

**Iowa Board of Nursing Provider #67** – LeadingAge Iowa is an approved provider of continuing education for nurses, accredited by the Iowa Board 6.75 contact hours. Please note that partial credit will not be granted; you must attend the entire event to receive contact hours or a certificate of attendance. Evaluations for this event can be submitted directly to the Iowa Board of Nursing.

**For other long-term support and service provider professional not listed above:** Most licensure boards, credentialing agencies and professional organizations have processes that allow individuals to earn a certain number of CEUs for non-preapproved programs and/or to accommodate self-submission for approval of continuing education hours after the event takes place with proper documentation from the program sponsors. It is up to the discretion of the licensee to choose relevant sessions and self-report. Generic certificates of attendance will be provided.

## AREA HOTEL INFORMATION

LeadingAge Iowa has negotiated special sleeping room rates for its members at several area hotels. Go to [www.LeadinAgeIowa.org/Hotels](http://www.LeadinAgeIowa.org/Hotels) to view hotel options.

REGISTER AT

[WWW.LEADINGAGEIOWA.ORG/ALNURSEDELEGATIONAPRIL](http://WWW.LEADINGAGEIOWA.ORG/ALNURSEDELEGATIONAPRIL)

## FACULTY

**Catie Campbell** has worked with the Department of Inspections, Appeals, & Licensing as a program coordinator in the special services and adult services bureaus since 2009. Catie began her employment with the Department as a surveyor for the special services bureau and in 2014 moved into the program coordinator position for Intermediate Care Facilities for Individuals with Intellectual Disabilities (ICF/ID) and assumed the role of program coordinator for the adult services bureau in July 2016, as well. Catie completed her bachelor's degree from Coe College in Cedar Rapids, Iowa and prior to joining DIAL worked for an ICF/ID provider as a unit facilitator and qualified intellectual disabilities professional.

**Amy Skelton** has 20 plus years of Nursing experience both in acute care and post-acute care settings. She served as Director of Nursing for 7 years at a CCRC and has extensive experience in regulatory compliance, process improvement, and implementation of EHR systems. Amy is currently a Nurse Consultant for HealthCARE of Iowa working with Long Term Care and Assisted Living facilities on regulatory compliance, education and staff development.

### MORE INFORMATION :

 +515.440.4630

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