



# CMP Grant Program Overview for LTC Leaders: *Enhancing Mental Health Support in the Wake of COVID-19 Pandemic*

June 1, 2023 • 8:30-9:30 a.m.

LeadingAge Iowa received a Civil Monetary Penalty (CMP) grant to enhance mental health support within long-term care communities (LTC) in wake of the pandemic. The grant approaches mental health support from 2 perspectives: (1) culturally by de-stigmatizing mental illness through *Make It OK* to encourage residents and staff to talk about mental illness, just as they would a physical condition, and (2) enhanced identification and response by expanding the capacity of on-site professionals who are trained in *Mental Health First Aid*. The grant covers *Make It OK* Ambassador training (2-hour virtual), *Mental Health First Aid* training (8-hour in-person) for LTC staff, and the cost of *Mental Health First Aid* Instructor certification and instructor start up materials for those who choose to continue on and pursue that option.

As we approach the start of the training sessions covered by the grant, please join LeadingAge Iowa and training partner, Abbe Center for Community Mental Health, to understand the grant's opportunities and expectations for participating LTC providers.

## Objectives:

- Learn about *Make It OK*, an Iowa's Healthiest State Initiative and how the Ambassador Training can positively impact your staff and community culture.
- Understand the grant participant expectations for community leaders related to *Make It OK* including registration as a *Make It OK* Workplace and the resources your community will receive as a result.
- Distinguish between *Make It OK* Ambassador and *Mental Health First Aid* Training to support the selection of team members to participate in the training.
- Understand the pathway and support for participating LTC communities to pursue certification as a *Mental Health First Aid* Instructor.

## Event Schedule

June 1, 2023 | 8:30 - 9:30 a.m. CT

## Who Should Attend

Leaders and HR professionals at Iowa LTC communities who intend to have their staff take advantage of the free *Make It OK* and *Mental Health First Aid* training provided through the CMP grant. Each participant should register individually to receive their own unique connection.

## Presenters

**Kathy Horan, President/CEO, AbbeHealth Services**

**Lauri Mitchell, Senior Director QA and Grant Administration, AbbeHealth Services**

**Shannon Strickler, President/CEO, LeadingAge Iowa**



## Registration & Other Information

Register at [www.LeadinAgeIowa.org/CMPGrantOverview](http://www.LeadinAgeIowa.org/CMPGrantOverview).

Registration Fee FREE

Advanced registration is requested. Each participant should register individually to receive their own unique connection. The cost for attending this session is covered under the CMP Grant. Advanced registration is requested. A Zoom link to the session will be provided 1-2 days ahead of the scheduled session.

### Continuing Education Information

CE credit is NOT available for this informational event.

### Virtual Programs Code of Conduct

The world of virtual learning is changing how we interact with each other – and our goal is to create a positive, safe and welcoming environment for all program participants. All are expected to abide by our Virtual Programs Code of Conduct. Go to [www.LeadinAgeIowa.org/VPCodeofConduct](http://www.LeadinAgeIowa.org/VPCodeofConduct) to view the LAI Virtual Programs Code of Conduct.

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