



# How to Lead Constructive, Connected Conversations

**AN ONLINE WORKSHOP TO PROMOTE HARMONY  
WITHIN SENIOR CARE COMMUNITIES  
MAY 28, 2025 - 12-1:30 P.M. CT**

LeadingAge Iowa is partnering with LeadingAge Washington to offer this opportunity.

In today's increasingly polarized world, the ability to navigate difficult conversations has become an essential skill. From political debates to workplace disagreements, the divide between differing viewpoints seems to grow wider each day. This workshop offers a unique opportunity to learn valuable techniques for fostering understanding and connection, even in the face of strong disagreements.

Who will benefit from this webinar:

- **Nurses, social workers, and activities** staff within long-term care and senior housing
- Human Resource **managers** & frontline managers
- Influential **resident leaders**

## **How to Lead Constructive, Connected Conversations** **May 28, 2025     12:00 pm - 1:30 pm CT**



In our changing and divided world, meaningful discussions that strengthen relationships, deepen mutual understanding, and build trust are more important than ever. In this free, interactive Essential Partners workshop, you'll be introduced to proven skills and research-backed tools that can:

- Create a space where every person feels able to share the experiences, values, and identities that are important to them
- Facilitate conversations that invite all voices while setting the context for everyone to hear different perspectives
- Ask powerful questions that encourage people to deepen their understanding of themselves and one another
- Encourage a deep sense of belonging and connection among people with different perspectives and backgrounds

You'll be able to apply what you learned to professional and personal relationships, small group conversations, and formal meeting design.

By learning the art of constructive dialogue, you'll be equipped to create a more harmonious environment, turning potential conflicts into opportunities for growth and mutual respect. Don't miss this chance to gain practical tools that will empower you to teach others and set an example of better communication in these challenging times.

*Founded in 1989, Essential Partners equips people with proven, research-backed tools to forge relationships across differences and address their communities' most pressing challenges. EP has collaborated with thousands of companies, colleges, schools, faith-based institutions, and communities around the globe. Learn more at [whatisessential.org](https://whatisessential.org).*

**REGISTER NOW**



## **Registration Fees**

Register at [www.LeadinAgeIowa.org/LeadConversations](http://www.LeadinAgeIowa.org/LeadConversations)

LeadingAge Iowa Member FREE

Prospective Member \$79

## **What's Included**

Registration fee includes one connection to the live webinar and instructions for receiving CE credit/attendance certificates. A recording of this webinar is NOT included in the registration fee.

## **Cancellation/Refund Policy**

There will be no refunds approved for this webinar.

## **Faculty**

### ***Kathy Eckles, Associate, Essential Partners***

Kathy Eckles is an Associate at Essential Partners and Project Manager. A skilled facilitator, trainer, business person, and therapist, Kathy has built an effective ongoing community dialogue program that uses Essential Partners' approach and knows what it takes to build and sustain community dialogue projects.

Kathy brings a deep background in business, psychology, group facilitation and training to her work with private individuals, organizational leaders and community groups. Formally trained as an executive coach, psychotherapist and mediator she focuses on helping people develop and/or integrate relationship, organizational and facilitation skills.

She was formerly a Division Vice President in the retail industry and adjunct professor at Lasell College where she taught Organizational Behavior and Ethics in Business. She has a Masters in Counseling Psychology and extensive experience in design and facilitation of private and board retreats, custom-designed workshops, and delivery of year-long training programs where she taught trauma resolution skills and the Enneagram to psychologists, doctors, coaches and therapists in the U.S., UK, Ireland, and Sweden. She focuses on listening for people's central message, their existing gifts and what's needed to help them move forward.

## **Continuing Education Information**

Nursing Home Administrators – 1.5 contact hours is intended to meet the criteria established by the Iowa Board of Examiners for Nursing Home Administrators for participants who attend this event in its entirety. Partial credit for this event will not be granted. To receive contact hours or a certificate of attendance, you must attend the entire event.

Iowa Board of Nursing Provider #67 – LeadingAge Iowa is approved as a provider of continuing education for nurses by the Iowa Board of Nursing, provider No. 67. 1.5 contact hours will be available for participants who attend this event in its entirety. Partial credit for this event will not be granted. To receive contact hours or a certificate of attendance, you must attend the entire event. Evaluations for this event can be submitted to the Iowa Board of Nursing.

Social Services – The event is designed to provide 1.5 contact hours, aligning with the criteria set by the Iowa Board of Examiners for Social Workers for participants who attend the entire event. Please note that partial credit will not be granted; full attendance is required to receive contact hours or a certificate of attendance. LAI will verify electronic virtual sign-in and sign-out times before issuing certificates.

For other long-term support and service provider professionals not listed above: Most licensure boards, credentialing agencies and professional organizations have processes that allow individuals to earn a certain number of CEUs for non-preapproved programs and/or to accommodate self-submission for approval of continuing education hours after the event takes place with proper documentation from the program sponsors. It is up to the discretion of the licensee to choose relevant sessions and self-report. Generic certificates of attendance will be provided.