



# LeadingAge Iowa's Regulation Summation – 2024 Monthly Webinar Series

[www.LeadinAgeIowa.org/RegulationSummationSeries](http://www.LeadinAgeIowa.org/RegulationSummationSeries)

This event is scheduled in a virtual, live-streaming webinar format. To meet the regulatory and education requirements, participants must stay for the entire event to receive credit. Sign-in and sign-out times, as well as attentiveness, will be verified before credit is issued. Contact [Amy Huisman](#) for details or questions.

The regulatory environment of nursing homes throughout the country has escalated to a point where many nursing homes are facing significant financial burdens related to enforcement action. As a nursing home manager, it is often difficult to maintain knowledge of all the requirements in each regulation while you're working through the day-to-day happenings of the department you supervise. LeadingAge Iowa is pleased to provide a monthly webinar series throughout 2024 reviewing the regulations contained in Appendix PP of the State Operations Manual.

The Regulation Summation will provide attendees with a detailed review of the regulations including the regulatory language, interpretative guidance, examples of noncompliance, and strategies to maintain compliance.

## Faculty

**Kellie Van Ree, Director of Clinical Services, LeadingAge Iowa, Urbandale**

Kellie Van Ree started her career in long-term care as a dietary aide, working short shifts after school, later advancing to a certified nurse's aide and a certified medication aide. In 2003, Kellie graduated from Kirkwood Community College, serving as an LPN, later returning to Kirkwood to complete her associate degree in applied science, and successfully completed RN boards. In 2009, Kellie again returned to Bellevue University to complete her bachelor's degree in long-term care administration. In addition to being a state surveyor for a short period of time, Kellie served in many positions throughout a long-term care continuum including a home health nurse, corporate consultant, director of nursing, and administrator before becoming the director of clinical services with LeadingAge Iowa.

## Event Schedule – all sessions are scheduled 1:30-2:30 p.m. CT

<p><b>Resident Rights ~ January 31</b></p> <p>The regulations in the resident's rights subsection of Appendix PP drive many aspects of the resident's quality of life. It is important for nursing home leaders to have complete knowledge of what the resident rights regulations are and how they can comply with the regulations to ensure that the residents in their care maintain their highest quality of life while nursing homes maintain compliance.</p>	<p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>Review regulations included in the Resident Rights subsection of Appendix PP.</li> <li>Identify noncompliance examples based on nursing home survey reports.</li> <li>Establish monitoring strategies to aid in compliance.</li> </ul> <p><b>Intended Audience:</b> Administrators, department leaders, social services, activity staff, and nurses.</p>
<p><b>Abuse ~ February 28</b></p> <p>While there are only seven regulations in the freedom from abuse, neglect, and exploitation subsection of Appendix PP, they contain a vast amount of information. This information is vital to ensuring the nursing home's policies and procedures related to abuse including all of the required elements, as well as providing notice to covered individuals and thoroughly investigating all allegations of potential abuse.</p>	<p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>Identify the requirements for nursing home abuse policies and procedures.</li> <li>Define different types of abuse that may occur including physical, mental, neglect, and exploitation.</li> <li>Determine who the term "covered individuals" includes and annual notifications that must be provided to them.</li> </ul> <p><b>Intended Audience:</b> Administrators, social services, department leaders, and nurses.</p>

<p><b>Admission, Discharge, MDS &amp; Care Planning ~ March 27</b></p> <p>Admission and discharge regulations require an interdisciplinary approach to ensure that residents receive effective discharge planning from the day of admission. The same interdisciplinary team is charged with completing the resident's Minimum Data Set (MDS) and Resident-Centered Care Planning. This session will provide in-depth details about these subsections within Appendix PP.</p>	<p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>• Identify individuals that must be represented in resident-centered care planning processes.</li> <li>• Review when MDS assessments must be completed and submitted to CMS.</li> <li>• Establish requirements for notification to residents regarding discharge and transfers.</li> </ul> <p><b>Intended Audience:</b> Administrators, interdisciplinary care team members including social services, dietary, activities, nurses, and MDS Coordinators.</p>
<p><b>Nursing Home Administration ~ April 24</b></p> <p>Administrators of nursing homes have many duties within the nursing home, including specific regulations that ensure residents are being cared for in the safest manner while maintaining the facility assessment, ensuring that payroll-based journal reports are being submitted timely and accurately along with overseeing so many other tasks. This session will review the Administration subsection of the federal regulations including responsibilities of the medical director, staff qualifications, and binding arbitration agreements.</p>	<p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>• Outline requirements of the facility assessment.</li> <li>• Review elements to include in a closure policy and procedures.</li> <li>• Discuss binding arbitration agreements and resident rights related to the agreement.</li> </ul> <p><b>Intended Audience:</b> Administrators, compliance staff, payroll, and department leaders.</p>
<p><b>Quality of Life &amp; Behavioral Health ~ May 29</b></p> <p>Quality of life and behavioral health incorporate psychosocial well-being and mental health requirements within the nursing home. This session will review the quality of life regulations including maintaining the resident's highest physical and mental well-being such as ensuring the residents maintain their level of independence with activities of daily living, activities that meet the resident's interest level, and ensuring that the nursing home is providing mental and behavioral health services according to resident-centered care.</p>	<p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>• Identify nursing home responsibilities to staff CPR certified individuals.</li> <li>• Outline behavioral health service requirements and staff competencies.</li> <li>• Summarize the requirement to provide assistance with activities of daily living.</li> </ul> <p><b>Intended Audience:</b> Administrators, social services, activities, department leaders, and nurses.</p>
<p><b>Quality of Care ~ June 26</b></p> <p>The quality of care regulations within Appendix PP incorporate the majority of the regulations that most often result in higher scope and severity and enforcement action. This series will discuss the requirements throughout the quality of care subsection including assessment and intervention, preventing and treating pressure ulcers, ensuring the residents are free from accidents, hazards and supervision, and requirements for dialysis.</p>	<p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>• Review processes for prevention and response to quality of care concerns such as pressure ulcers, falls, and elopements.</li> <li>• Recognize requirements related to bedrail use.</li> <li>• Determine practices to provide adequate pain management to residents.</li> </ul> <p><b>Intended Audience:</b> Administrators and nurses.</p>
<p><b>Dietary &amp; Food Service ~ July 31</b></p> <p>Serving food in a safe and sanitary manner is so much more than simply wearing gloves and ensuring food temperatures are warm or cold enough. This regulation has been among the top five deficiencies for several months. This session will review the regulations that relate to food service including staff competencies, ensuring temperatures are safe for the type of food being served, and the portions served are in accordance with the therapeutic menu.</p>	<p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>• Establish competencies dietary staff must maintain.</li> <li>• Review examples of noncompliance with food safety and sanitation.</li> <li>• Outline strategies for ensuring adequate portion sizes are delivered during meal service.</li> </ul> <p><b>Intended Audience:</b> Dietary, administrators, and nurses.</p>

<p><b>Nursing &amp; Physician Services ~ August 28</b>  Physician and nursing services include nursing staff competencies, physician visits, requirements of the physician visits, and nurse aide performance evaluations in the training program. This session will review steps that nursing staff should take to ensure that compliance is maintained in these vital subsections of Appendix PP.</p>	<p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>• Define requirements for physician visits.</li> <li>• Establish a process for completing nurse aide performance evaluations and develop an adequate training program.</li> <li>• Review regulations pertaining to posting of nurse staffing hours.</li> </ul> <p><b>Intended Audience:</b> Administrators and nurse leadership.</p>
<p><b>Environmental Services ~ September 25</b>  Environmental services include many regulations such as pest control; safe, functional, and homelike environment; ensuring proper furnishings are included in the resident's room; and call lights. This session will review the regulations in the environmental services subsection of Appendix PP.</p>	<p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>• Define requirements for an emergency water supply.</li> <li>• Examine the physical requirements of residents' rooms within the nursing home.</li> <li>• Identify what items the nursing home must provide to each resident.</li> </ul> <p><b>Intended Audience:</b> Administrators, housekeeping, and maintenance.</p>
<p><b>Outside Services ~ October 16</b>  Outside services in the nursing home play a vital role in much of the resident's care including rehab, laboratory, radiology, dental, and pharmacy services. This session will review the requirements for these outside services and what nursing home staff must complete to maintain compliance.</p>	<p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>• Establish procedures for dental services to residents in the nursing home.</li> <li>• Outline requirements for assisting residents to appointments.</li> <li>• Define when a nursing home must pay for resident's dentures if lost or broken.</li> </ul> <p><b>Intended Audience:</b> Administrators and nurses.</p>
<p><b>QAPI ~ November 20</b>  Quality Assurance is the process of monitoring all care areas and services to ensure quality and safe care is provided to residents. Performance Improvement is the process of determining steps to improve areas in the care of residents. Quality Assurance and Performance Improvement can be very daunting for those that struggle to understand what to monitor. This session will provide an overview of the regulations related to the QAPI subsection of Appendix PP including who must be in attendance at meetings and how frequently meetings must occur.</p>	<p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>• Define quality assurance and performance improvement.</li> <li>• Review interdisciplinary team members that must be included in quality assurance meetings.</li> <li>• Establish frequency of quality assurance meetings.</li> </ul> <p><b>Intended Audience:</b> Administrators, department leaders, and QA staff.</p>
<p><b>Required Training and Education ~ December 18</b>  It can be overwhelming to gain an understanding of all the required training including what must be completed on hire vs. annually, how many hours of ongoing education are required, and how to determine what additional topics must be included in the training plan. This session will review requirements throughout Appendix PP, including the training subsection, to establish a well-rounded and compliant training program.</p>	<p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>• Outline training that must be completed upon hire.</li> <li>• Review frequencies of ongoing training and education.</li> <li>• Examine requirements for a compliant training program.</li> </ul> <p><b>Intended Audience:</b> Administrators, HR, and department leaders.</p>

## Continuing Education Information

**Iowa Board of Nursing Provider #67:** LeadingAge Iowa has been approved as a provider of continuing education for nurses by the Iowa Board of Nursing, provider No. 67. 1.0 contact hour for each session will be available for participants who attend the session in its entirety. Partial credit for individual sessions will not be granted. To receive contact hours or a certificate of attendance, you must attend the entire session. Evaluations for this event can be submitted directly to the Iowa Board of Nursing. Retain your certificate for four years.

**Nursing Home Administrators:** 1.0 contact hour for each session is intended to meet the criteria established by the Iowa Board of Examiners for Nursing Home Administrators for participants who attend this session in its entirety. Partial credit for individual sessions will not be granted. To receive contact hours or a certificate of attendance, you must attend the entire session. Retain certificate for four years.

**Activity Professionals:** LeadingAge Iowa will seek continuing education approval for the sessions on January 31, March 27, and May 29 by the Iowa Department of Inspections, Appeals, and Licensing for 1 contact hour for each session for Certified Activity Professionals who attend the session in its entirety. Partial credit for these sessions will not be granted. To receive contact hours or a certificate of attendance, you must attend the entire session.

**Certified Dietary Managers:** LeadingAge Iowa has been approved as a provider of continuing education for certified dietary managers by the Association of Nutrition and Foodservice Professionals. 1.0 contact hour per session, March 27 Prior Approval #168042 and July 31 Prior Approval #168044, for Certified Dietary Managers will be available for participants you attend the session in its entirety. Partial credit for individual sessions will not be granted. To receive contact hours or a certificate of attendance, you must attend the entire session. If audited, you will be asked to provide your certificate of attendance and program material. Retain certificate for six years. Log in to [www.ANFPonline.org](http://www.ANFPonline.org) to report your CE credit using the Prior Approval Program ID# listed above.

**For other long-term support and service provider professional not listed above:** Most licensure boards, credentialing agencies and professional organizations have processes that allow individuals to earn a certain number of CEUs for non-preapproved programs and/or to accommodate self-submission for approval of continuing education hours after the event takes place with proper documentation from the program sponsors. Most also require information objectives, date/time of presentation, agendas, faculty bios, and number of hours earned. If you require information for this purpose, please contact Amy Huisman in advance for assistance.

### Registration & Other Information

Register at [www.LeadinAgeIowa.org/RegulationSummationSeries](http://www.LeadinAgeIowa.org/RegulationSummationSeries).

LeadingAge Iowa Member – Individual Rate	
Full Series (one connection to each of the 12 webinars in the series)	\$480/person/annual <b>Best Value at just \$40/webinar!</b>
Quarterly Webinar Package (one connection to 3 webinars in a quarter) Quarter 1 = Jan, Feb, Mar      Quarter 2 = Apr, May, Jun Quarter 3 = Jul, Aug, Sep      Quarter 4 = Oct, Nov, Dec	\$135/person/quarter
One-Webinar Only (one connection for the webinar purchased – this option is a la carte for those with interest in some topics but not all webinars in the series)	FREE
Prospective Member – Individual Rate	
Full Series (one connection to each of the 12 webinars in the series)	\$720/person/annual
Quarterly Webinar Package (one connection to 3 webinars in a quarter) Quarter 1 = Jan, Feb, Mar      Quarter 2 = Apr, May, Jun Quarter 3 = Jul, Aug, Sep      Quarter 4 = Oct, Nov, Dec	\$210/person/quarter
One-Webinar Only (one connection for the webinar purchased – this option is a la carte for those with interest in some topics but not all webinars in the series)	\$79/person/webinar

### What's Included

Registration fee includes digital handouts, one connection to the live webinars and instructions for receiving CE credit/attendance certificate for one person. A recording of this webinar series is NOT included in the registration fee.

**Cancellation/Refund Policy**

Registration deadline is two days prior to each event. No-shows will be billed. No refunds for failure to log-in at the time of the event. Substitutions are welcome anytime via email. A full refund will be given to all cancellations received 10 or more business days prior to the first day of the event. A \$25 administrative fee will be charged to all cancellations received six to nine business days prior to the first day of the event. No refunds will be given to cancellations received five or fewer business days prior to the first day of the event. Refunds will be calculated by the date received and the business days remaining prior to the event. LeadingAge Iowa reserves the right to cancel the program due to insufficient enrollment, in which case pre-registered participants will be notified and full refunds provided. All cancellation and substitution requests must be emailed to Amy Huisman ([ahuisman@LeadingAgelowa.org](mailto:ahuisman@LeadingAgelowa.org)).

Go to [www.LeadngAgelowa.org/VPCodeofConduct](http://www.LeadngAgelowa.org/VPCodeofConduct) to view the LAI Virtual Programs Code of Conduct.

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